

## ‘Bronco Brigade’ begins redeployment process

Story and Photo by  
**STAFF SGT. AMBER ROBINSON**  
3rd Brigade Combat Team Public Affairs,  
25th Infantry Division

WHEELER ARMY AIRFIELD — Soldiers from the 3rd Brigade Combat Team, 25th Infantry Division, have begun their redeployment after completing a yearlong deployment to the eastern region of Afghanistan.

Troops from the “Bronco Bde.” started to arrive in January and continue to return home.

Maj. Gen. Bernard Champoux, commander, 25th ID; key members of the division staff; and members of the brigade’s rear detachment greeted returning Soldiers.

“We want to make sure our Soldiers get what



Maj. Michael Corley (left), commander, rear detachment, 3rd BCT, 25th ID, greets Capt. Brian Kalaher, 2nd Bn., 35 Inf. Regt., 3rd BCT, 25th ID, as he returns home, Wednesday. “Bronco Bde.” Soldiers continue to return to the island after a yearlong deployment to the eastern region of Afghanistan.

Returning Soldiers said they are grateful to be home and ready to get out and start to actively enjoy the island.

“I’m ready to just relax and spend some time with my daughter,” said Sgt. Michael Perna, 3rd Battalion, 7th Field Artillery Regiment, 3rd BCT. “I just want to take her to the park and us just chill out and have a good time.”

“I just want to spend some quality time with my wife and kids,” said Sgt. Johnny Lunn, 3rd Bn., 7th FA Regt., 3rd BCT. “It’s time to finally enjoy the little moments.”

Each returning formation of Soldiers are marching into their welcome home ceremonies to the “Rocky,” theme song, but the best sound they said they are hearing are the cheers of eager family

members and friends.

“I’ve been to every one of these welcome home ceremonies,” Corley said, “and every time I see those Soldiers walk in to the cheers of their loved ones, it gives me chills.

“This (welcome home ceremony) is well deserved, and we are glad to have them home,” Corley added.

## Corps awards contract to construct Vietnam pavilion

**JOSEPH BONFIGLIO**  
U.S. Army Corps of Engineers-Honolulu District Public Affairs

FORT SHAFTER — A contract to build new pavilions for the Honolulu Memorial at the National Memorial Cemetery of the Pacific, at Punchbowl, has been awarded to Innovative-Mira Joint, of Aiea, for \$4,144,500.

The U.S. Army Corps of Engineers-Honolulu District made the announcement, recently.

The lead architect and designer for this task order construction project is Fung Associates of Honolulu.

The work entails constructing two new pavilions located next to the two existing flag poles, which flank the processional stairs of the Honolulu Memorial. The memorial is one of 25 federal memorials maintained worldwide by the American Battle Monuments Commission, or ABMC.

The design of the new pavilions will be compatible with the materials, features and architectural style of the existing map galleries’ terminating pavilions. One of the two pavilions will include Vietnam war battle maps to complement existing World War II and Korean war battle maps. The other pavilion will serve as an orientation center for the memorial.

Also, the project will provide exterior illumination to the pavilions and repair and/or replace existing walkway areas, drainage and landscaping that are affected by the construction.

Handicap-accessible features will include handicap ramps to the mountainside map gallery entrance and to the restrooms. Also, accessible parking and a loading stall in the upper area of the memorial will be added.

See COE, A-6



The contract to build new pavilions for the Honolulu Memorial at the National Memorial Cemetery of the Pacific, at Punchbowl, entails constructing two new pavilions, like the ones in the artistic rendering above. One of the two pavilions will include Vietnam war battle maps to complement existing World War II and Korean war battle maps. The other pavilion will serve as an orientation center for the memorial.

## 25th ID to host change of command

**25TH INFANTRY DIVISION  
PUBLIC AFFAIRS**  
News Release

SCHOFIELD BARRACKS — Maj. Gen. Bernard Champoux will relinquish command of the 25th Infantry Division to Maj. Gen. William Fuller, during the division’s change of command ceremony on Weyand Field, here, 11 a.m., April 5.

The ceremony is open to the public. Visitors who wish to attend the ceremony are encouraged to visit 25th ID’s website at [www.25id1.army.mil/cocinfo.html](http://www.25id1.army.mil/cocinfo.html) for up-to-date gate access and parking information.

Champoux has commanded the 25th ID since Feb. 19, 2010. He has led the “Tropic Lightning” Div. through combat deployments in support of Operation Iraqi Freedom, Operation Enduring Freedom and Operation New Dawn.

He was also the last U.S. division commander on the ground in Iraq. He was directly responsible for overseeing operational-level command and control needed to facilitate the withdrawal of U.S. Forces from Iraq in compliance with the 2008 security agreement to withdraw all U.S. troops by the end of 2011.

Champoux’s next assignment is to serve as the assistant chief of staff of the United Nations Command/Combined Forces Command/U.S. Forces Korea and deputy commanding general, 8th Army in Korea.

Fuller is coming to the 25th ID from Fort Bragg, N.C., where he served as the deputy commanding general of the U.S. Army Special Operations Command since July 26, 2010.

## Monthlong celebration honors military keiki worldwide



**John Medlock** | Directorate of Family and Morale, Welfare and Recreation

Army keiki and parents dance with Eddie the Eagle, Pikachu, Spiderman, Mickey Mouse, Winnie the Pooh and Donald Duck, during “PT in the Park,” April 5, 2011. Families can participate in this year’s event, 6:30-7 a.m., April 3, Bennett Youth Center Field, Schofield Barracks. Visit [www.HIMWR.com](http://www.HIMWR.com) for more information.

**WILLIAM BRADNER**  
Installation Management Command  
Public Affairs Office

WASHINGTON — The “Month of the Military Child,” or MOMC, begins April 1.

This year’s theme, developed by the Army Teen Panel, is “Military Kids: Heroes for the Future.”

More than 1.7 million children have at least one parent serving in the military.

An estimated 900,000 children have had one or both parents deployed multiple times during the last 10 years.

“Now that troop strength in combat is being drawn down, there’s a tendency to just breathe a

sigh of relief and think things will all go back to normal,” said Lisa Hamlin, director, Child, Youth and School Services, Installation Management Command.

However, many child development and mental health experts believe military children may need support, now, more than ever.

Many are now dealing with a new reality. Often added to their burden is adjustment to a parent who’s returned home with severe wounds, post-traumatic stress or other medical issues.

“In many cases, the simple fact that mom or dad is now home, and

See MOMC, A-2

### Raising awareness | A-2

Garrison commander signs several prevention proclamations.

### Easter | B-3 and B-5

Army Hawaii community is invited to attend various Easter celebrations.

### Earth Day | B-1

Celebrate the planet with exhibits, activities and live entertainment, 8:30 a.m.-2 p.m., April 7, at Weyand Field, Schofield Barracks.

### Warrior Dash | B-5

More than 10,000 participate in the mud-crawling, fire-leaping race.





We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army or- ganizations, announcements from the general public about community events of interest to the military community, and let- ters and commentaries.

If you have newsworthy ideas or stories you'd like to write, co- ordinate with the managing edi- tor at 656-3156, or e-mail editor@ hawaiiarmyweekly.com.

The editorial deadline for ar- ticles and announcements is the Friday prior to Friday publica- tions. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the re- sponsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The Hawaii Army Weekly is printed by The Honolulu Star- Advertiser, a private firm in no way connected with the U.S. Government, under exclusive written agreement with the U.S. Army, Hawaii.

The Hawaii Army Weekly is published weekly using the offset method of reproduction and has a printed circulation of 15,300.

Everything advertised in this publication shall be made avail- able for purchase, use or patron- age without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

The appearance of advertis- ing in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army, or The Honolulu Star-Advertiser, of the firms, products or services advertised.



**Commander, U.S. Army Garrison-Hawaii**  
Col. Douglas S. Mulbury  
**Director, Public Affairs**  
Dennis C. Drake  
**Chief, Internal Communication**  
Aiko Rose Brum, 656-3155  
aiko.brum@us.army.mil  
**Managing Editor**  
Vickey Mouzé, 656-3156  
editor@ hawaiiarmyweekly.com  
**News Editor**  
Vanessa Lynch, 656-3150  
vanessa@ hawaiiarmyweekly.com  
**Pau Hana Editor**  
Jack Wiers, 656-3157  
community@ hawaiiarmyweekly.com  
**Layout**  
Rochelle Smolinski  
**Web Content**  
Lacey Justinger, 656-3153  
lacey@ hawaiiarmyweekly.com  
**Advertising:** 529-4700  
**Classifieds:** 521-9111  
**Address:**  
Public Affairs Office  
314 Sasaoka St., WAAF  
Building 300, Room 105  
Schofield Barracks, HI 96857-5000  
**Website:**  
www.hawaiiarmyweekly.com  
**Nonelivery or distribution**  
656-3155 or 656-3156

84 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active compo- nent U.S. Army units and per- sonnel. Current as of 3/29/12.

Proclamations to raise awareness

**GINNY WESCOTT**  
Directorate of Family and Morale, Welfare and Recreation,  
U.S. Army Garrison-Hawaii  
SCHOFIELD BARRACKS —What do quilts, denim and your support have to do with child abuse and sexual assault? Plenty, as was explained at this year's Child Abuse Prevention Month, or CAPM, and Sexual Assault Awareness Month, or SAAM, proclamation signing, here, Friday.

The proclamation for Child Abuse Prevention Month, with its theme of "It's no secret ... everyone can help. Keep Army children safe and healthy," en- courages community support and participation.

The truth is, child abuse happens and has a profound effect on its vic- tims. It affects the child, the family, the Soldier, the community and the mis- sion.

Child abuse must stop.  
"Our children cannot speak up for themselves. We must be their voice," said Deidra Saina, military spouse.

The second proclamation designates April as Sexual Assault Awareness Month throughout U.S. Army Garrison-Hawaii. The signing is aligned with the Department of the Army's "I A.M. Strong" prevention campaign, and sup- ports the month's theme, "Achieving

- Family Advocacy Program**
- Call the FAP at 655-0669 to learn how you can help prevent child abuse and sexual assault.
  - See page B-2 for a listing of upcoming events throughout April that support prevention month.
  - To report a sexual assault, call the 24/7 Safeline hotline at 624-SAFE (7233).

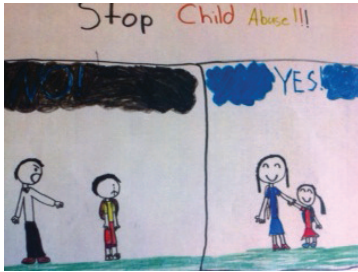
cultural change through dignity and re- spect. I am the force behind the fight."

Following the reading of both procla- mations, Col. Douglas Mulbury, com- mander, USAG-HI, signed both procla- mations and reaffirmed the installa- tion's awareness, support and preven- tion of child abuse and sexual assaults.

Following up on last year's success- ful use of CAPM quilts in building awareness, this year's ceremony in- cluded an unveiling of the SAAM quilt handmade by ACS volunteer Ana Despault.

The quilt, made of denim and deco- rated by community members, honors survivors of sexual assault.

"It must be understood that reaching for help is not confessing weakness," said Summer Rosa-Mullen, Family Ad- vocacy Program, Army Community Ser- vice, Directorate of Family and Morale, Welfare and Recreation, USAG-HI. "When you ask for help, you are an-



Grace Mann, a 5th grade student at Helemano Elementary School, won the 2012 CAPM Poster Contest, with her entry pictured above.

nouncing to the world that you are a survivor and that, with the right re- sources, there is nothing that you can- not overcome."

*(Editor's Note: Wescott is the senior prevention specialist for the Family Advocacy Program, Army Community Service.)*

**Denim Jeans**  
Denim jeans have special meaning for Sexual Assault Awareness Month.

In 1992, an 18-year-old girl was raped in Italy by her driving instructor. She initially won her legal case, but then it was overturned by the High Court, which stated that, since she was wearing tight jeans, the rapist could not possibly have done it by himself. She must have removed the jeans and, therefore, willingly participated.

The women of the Italian legis- lature protested by wearing jeans.

In 1999, California became the first state to declare a Denim Day in honor of victims of sexual assault.

MOMC: Celebration honors, thanks military keiki

CONTINUED FROM A-1

the family dynamic has changed, can have a big impact in a child's life," Hamlin said.

Taking a moment to thank military kids for their service, and the sacrifices they've made during 10 years of con- flict, Hamlin said, is a simple way to remind everyone that, as resilient as they've proven to be, our military chil- dren still need our support.

Garrisons around the world are de- veloping events and celebrations de- signed to recognize the sacrifices mili-

tary children make and the support they provide to their Soldier-parent(s) and families.

The celebrations vary on each instal- lation based on resources, deployment status of installation units and other fac- tors.

Some may be as simple as Child De- velopment Center events where parents are invited to share why their children are their heroes at assemblies or as com- plex as a day of parades, carnivals and youth activities.

In many cases, garrisons combine spring festivals or other planned events

to coincide with MOMC activities. Collectively, they create aware- ness of the service and sacrifices of our military's children.

MOMC is an opportunity to thank children for their support to our nation's warfighters and to recognize the impor- tant role kids play in the strength of our nation by contributing to the strength of the Army family.

The Army recognizes and appreci- ates the sacrifices our children make and commits to maintaining excellence in schools, youth services and child care to support our children and families.

FOOTSTEPS in FAITH

Five spiritual cues help develop our relationship with God

**CHAPLAIN (CAPT.) MARK MCCORKLE**  
84th Engineer Battalion,  
130th Eng. Brigade,  
8th Theater Sustainment Command

Thinking spiritually in the Army today can be a real challenge and must be tack- led intentionally.

Kenneth Boa's book, "Conformed to His Image," is an approach to spiritual formation that is one of the best interpre- tations in academia today.

Relational spirituality. The first topic Boa explores is relational spirituality. To love others, we must first love God, the giver of love, who in turn teaches us how to love ourselves correctly.

Paradigm spirituality. Just as the name implies, paradigm spirituality means a shift in viewpoint needs to be taken. This process cultivates an eternal versus a temporal perspective of life.

When we have an understanding that things do not really last for the long term, we begin to focus on that which really does last. Some examples of what is last- ing are relationships, love, giving, serv- ing and devotion.

Also, our everyday life can be trans- ferred from the seen way of understand- ing to the unseen — faith, love, service, devotion and commitment — producing appreciation of the true value of pre- sent-day life and the opportunities life holds.

Disciplined spirituality.

"True value" is best experi- enced through what Boa calls disciplined spirituality, which may just be a fancy way of categorizing prayer, reading, journaling, fasting, medita- tion, solitude, confession, fel- lowship, submission, sacri- fice, worship, service and wit- nessing. I am continually challenged to balance the time I have with these disciplines.

This challenge may never go away, but we must never give up in remember- ing and practicing them — no matter what season of life we are in.

Exchanged life spirituality. Another heavy title, exchanged life spirituality refers to understanding our true identi- ty with God as being an exchange of an

old life and a way of thinking to a new one God gives us. This exchange re- minds me of a time when I thought all was going downhill and no answer was in sight. I would turn to practicing one or more of the disciplines mentioned above, and "poof," I would get an under- standing that I did not have before.

Some questions we all face and seek answers to include these: Why do we do what we do? How do I understand love, gratitude and rewards in view of being motivated to thrive in this life? How can I learn to appreciate my identity, my purpose and the hope I have in understand- ing and longing for God?

Most of the time these questions call for some type of an exchange in thinking and prove that we are learning beings. We are not fully arrived on every subject, but open to grow. The result is, falling in love with God.

This result happens best when our image of God is correct according to his

word, when we establish a habit of med- itating on him, when we develop our re- lationship with him and when we read through his word. These all have been most powerful to me because they re- mind me how limited I am without God.

Holistic spirituality. Now we turn to holistic spirituality, which is allowing Je- sus to be the center of all I do — com- pletely integrating him into my life, into my decisions and conduct. Holistic spir- ituality relates to relationships, work and society, reflecting stewardship and pur- pose.

Have you ever heard of "process ver- sus product," or have you heard of being who you are versus doing something you think God likes? These thoughts are the essence of acceptance.

God's acceptance does not come from doing something God likes; it does not come from good works. Acceptance comes from being who God likes: the person he created for a lifelong, dynam- ic relationship with him.

There is plenty of "doing to be done." But only you can be you, and you are who God loves.

Prayer breakfast hones in on resiliency

**JACK WIERS**  
Pau Hana Editor

SCHOFIELD BARRACKS — Soldiers, families and civilians received messages that, cou- pled with resiliency, are the foundation to overcoming ad- versity, during the National Resiliency Prayer Breakfast at the Nehelani, here, March 21.

The nondenominational event, hosted by U.S. Army- Pacific, this year, stressed spir- itual fitness and the theme "Resiliency of the Spirit."

Spiritual fitness is one of five dimensions in the Army's Comprehensive Soldier Fit- ness program. Along with physical, social, emotional and family dimensions, each gives training in specific skills sets so that all members of the Army community have the knowledge, thinking skills and behaviors to thrive and cope with life's challenges and ad- versity.

"The resilient faith is the ability to bounce back from adversity," said Pastor Klay- ton Ko, senior pastor, Red Hill Assembly of God, and the event's keynote speaker.

Ko has served members of the military community for 30 years as a pastor. During his presentation, he addressed the need for faith as a healing element.

"Faith is our victory, our weapon, our future," he ex- plained. "Faith is our handle for the hope of a better tomor- row. ... Faith is a weapon against the stronghold of the enemy."

Ko and approximately 200 in attendance recognized the Chaplain Corps and all chap- lains in attendance for their service and sacrifice.

At the National Prayer Breakfast, held Feb. 2, presi- dent Barrack Obama, mem- bers of Congress, other digni- taries and business leaders re- flected upon values and shared responsibilities.

Voices of Ohana

How do you show pride in your community?

Photos by U.S. Army Garrison-Hawaii Public Affairs



"I'm big on recycling and buying local."

**2nd Lt. Molly Hope**  
19th MP Bn. CID



"I take care of my neighborhood. If something needs repair, I call in the work order. Our street also has regular block parties."

**Sgt. Goldie Johnson**  
19th MP Bn. CID



"I ensure my home is up to standard and my grass is cut and my yard is free of litter and clutter."

**Master Sgt. Althea Kancel**  
19th MP Bn. CID



"Our unit polices our common areas to keep them neat and clean."

**Sgt. 1st Class Darin Melton**  
19th MP Bn. CID



"I make sure my yard is squared away."

**Sgt. Christopher Runyon**  
19th MP Bn. CID



# USAG-HI recognizes efforts of commendable employees

Story and Photo by  
**AIKO ROSE BRUM**  
Chief, Internal Communication

SCHOFIELD BARRACKS — Twenty-three stellar employees received recognition for their roles and the impacts they have made in U.S. Army Garrison-Hawaii during an Employee Recognition Breakfast at the Nehelani, here, March 20.

In the company of their co-workers and senior leaders, Jim Duttweiler, deputy commander, USAG-HI, praised the honorees for making a difference. “The real thing that happens every day ... is what our employees do. The tasks they execute and the customer service they provide make a difference in a Soldier or a family member’s life, as well as in our community,” Duttweiler said.

The duo of Michelle Mansker, chief, Natural Resources Section, and Kapua Kawelo, biologist, both with the Directorate of Public Works Environmental Division, received a special team award. Their contributions not only offset threats to endangered species caused by military training, but also garnered USAG-HI the Secretary of the Army’s Natural Resources Conservation Team Award for the best environmental program in the category.

In the Directorate of Human Resources, Caroline Castor, HR assistant, regularly provides exceptional service and resources to Soldiers about to retire,



Employees assemble for a keepsake photo with Jim Duttweiler (far left), deputy commander, USAG-HI, and Command Sgt. Maj. Robert Williamson III (rear far left), senior enlisted leader, SGA-HI, after receiving honors at the installation’s Employee Recognition Breakfast, March 20, at the Nehelani, Schofield Barracks.

while Ernestine Pratt, chief, Casualty Assistance Center, aids both Soldiers and family members who have suffered a loss. Both were among 21 honorees who received a certificate of achievement commending their performance.

None view their work as “drudgery and servitude,” said Chaplain (Col.) Pe-

ter Mueller. Instead, they apply their service and talents toward making the workplace better.

“We don’t have ... room for someone to come punch the clock,” Duttweiler explained, during remarks. “Every person must be making a contribution.” Despite force realignments and

<b>Special Team Award</b> Kapua Kawelo, DPW Michelle Mansker, DPW	Rita Ah Young-Shelton, DFMWR-ACS
<b>Certificates of Achievement</b> Greathia Acosta, DPW Dorothy Antonio-Pagaduan, DES Caroline Castor, DHR Chasea Crawford, DFMWR Richard Francois, DOL Jesse Kaleikini, DES Jason Kubanek, DES James Laffea, DES John Little, DES Fred Makinney, DES Demetrious Morgan, DHR Siah Olatunji, DHR Ernestine Pratt, DHR Creva Rooney, DFMWR-ACS Jeanne Sablan, DFMWR-ACS Roy Sagami, DOL Tanya Toussaint, DHR Gordon Wiborg, DES Tonya Wicker, DFMWR-ACS Melvin Wright, DOL	<b>Length of Service Award</b> 40 years, Bill Lenharr, OGC 15 years, Michael Amarosa, DFMWR 5 years, Kayla Overton, PAO
<i>Key:</i> <i>DES – Directorate of Emergency Services</i> <i>DFMWR-ACS – Directorate of Family and Morale, Welfare and Recreation-Army Community Service</i> <i>DHR – Directorate of Human Resources</i> <i>DOL – Directorate of Logistics</i> <i>DPW – Directorate of Public Works</i> <i>OGC – Office of the Garrison Commander</i> <i>PAO – Public Affairs Office</i>	

funding shortfalls at USAG-HI, evidence of exemplary contributions was plentiful. For example, Rita Ah Young-Shelton, a program support assistant at the Soldier and Family Assistance Center, Directorate of Family and Morale, Welfare and Recreation, con-

tinuously comes to the aid of Soldiers, regardless of severe staff shortages at the SFAC.

“You see, we have a lot to celebrate here in our Garrison. Our employees are making an impact each and every day,” Duttweiler said.

## Installation Access Council among garrison’s customer service venues

**U.S. ARMY GARRISON-HAWAII**  
Public Affairs Office

SCHOFIELD BARRACKS — To address concerns and take needed actions are the functions of the Installation Access Council, which met, here, March 22.

The quarterly forum hears and resolves issues it receives from personnel attending the IAC and also responds to concerns from the In-

teractive Customer Evaluation System, or ICE, and the Ask the Garrison Commander email link.

“This is a powerful forum to get community issues addressed and is open to all commands and family members,” said Col. Douglas Mulbury, commander U.S. Army Garrison-Hawaii. “The forum is one of the three primary avenues to get family and unit installation

concerns aired.”

A myriad of community issues were addressed; prime among them were traffic flow and speeding. The Directorate of Public Works announced future plans to put right and left turn lanes on Schofield Barracks’ Kolekole Avenue and to resolve issues at other traffic and pedestrian locations.

Also, DPW announced speed bumps and

speed limits will be changing in several areas of Aliamanu Military Reservation and Schofield Barracks, possibly as soon as June or July.

The Directorate of Family and Morale, Welfare and Recreation provided details about program and service changes that will become effective April 1. Operating hours for FMWR

See IAC, A-6



# 25th CAB shares experiences, knowledge with Afghanis



Spc. Dean Swaim (left), aircraft structural repairer, Co.B, 209th ASB, 25th CAB, 25th ID, files the edges of a patch with Afghan Capt. Saed Habib Rahman and Afghan Pvt. Mawen, both with the KAW, during sheet metal training on Kandahar Airfield, Afghanistan, March 19. The training builds on the skills of Afghan mechanics, so they can repair aircraft independently.

Story and Photo by  
**SGT. DANIEL SCHROEDER**  
25th Combat Aviation Brigade  
Public Affairs,  
25th Infantry Division

KANDAHAR AIRFIELD, Afghanistan — At the Afghan maintenance hangar, here, Soldiers with Company B, 209th Aviation Support Battalion, 25th Combat Avn. Brigade, 25th Infantry Division, taught Afghan Air Force mechanics how to repair aircraft.

The joint maintenance training builds upon the skills and experiences of the Afghan mechanics, so they can repair aircraft independently in the future.

“It is really good to work with the coalition forces,” said Afghan Capt. Saed Habib Rahman, Kandahar Air Wing. “After today, I can continue to perform aircraft maintenance and be more proficient with sheet metal repairs.”

During the training session, Rahman and Afghan Pvt. Mawen got hands-on experience with fixing a crack in sheet metal by creating a patch.

“The Kandahar Air Wing mechanics have come a long way from where they started,” said Air Force Staff Sgt. David Bradley, aircraft structural maintenance

advisor, 738th Air Expeditionary Advisory Group. “They are eager to learn the skills we are teaching. They listen to our suggestions and learn at a quick pace.”

The training taught the Afghan mechanics how to repair cracks in sheet metal. They learned how to stop cracks from spreading, how to select the correct hardware and materials, and how to apply a patch to the defective area.

“I now know how to cut steel, measure the correct dimensions, drill and make a patch on the sheet metal,” Rahman said. “The coalition forces have a lot of experience and knowledge. I am glad to receive assistance from them.”

Although Afghan mechanics received training from other coalition Soldiers, this time was the first the 25th CAB worked with KAW mechanics.

“The mechanics were very engaged during this session,” said 1st Sgt. Lester Day, Co. B, 209th ASB, 25th CAB. “They are becoming familiar with the tools of the trade, communicating with one another, asking questions on every area, and showing how eager they are to learn. It is a privilege to be able to work with them.”

# ‘Pathfinders’ tackle drug routes during joint ANCOP SWAT mission

Story and Photo by  
**SGT. DANIEL SCHROEDER**  
25th Combat Aviation Brigade Public Affairs,  
25th Infantry Division

KANDAHAR PROVINCE, Afghanistan — The rotor blades of UH-60 Black Hawk helicopters beat hard through the dust as they drew closer to the ground. The wheels touched and the aircraft came to a stop.

“Pathfinder” and soldiers from the 2nd Afghan National Civil Order Patrol Special Weapons and Tactics Team, or ANCOP SWAT, then unloaded the helicopter in close vicinity to a suspicious vehicle, here, March 16.

This occasion was the fourth time Soldiers with Company F, 2nd Battalion, 25th Aviation Regiment, “Pathfinders,” 25th Combat Avn. Brigade, 25th Infantry Division, and Afghan soldiers have worked side-by-side. Their teamwork and joint professionalism on Operation Pranoo Verbena is proving successful in disrupting Taliban operations.

“I am happy to be working with the coalition forces,” said Afghan Capt. Sultan Aziz, commander, 2nd ANCOP SWAT. “It is great to be able to help the people of our country.”

Since completion of their air assault training

in May with the 159th CAB, the Afghan soldiers have become proficient with skills needed to provide a more secure environment for the people of Afghanistan.

During the operation, 2nd ANCOP SWAT soldiers stopped and searched multiple vehicles. Their intent is to cut off the export of drugs into the area and keep the weapons from coming into the province.

The 2nd ANCOP conducted all searches, detaining and questioning, while the Pathfinders pulled security.

“The (2nd) ANCOP soldiers executed the mission very well,” said Sgt. Kaylub Divine, A Team leader, Co. F., 2-25th, 25th CAB. “They learn fast and complete all tasks given to them in a professional manner.”

Aziz and Capt. Aroyn Borries, ground commander, Co. F., 2-25th, 25th CAB, worked together for a successful mission. The amount of teamwork showed that Afghan SWAT is motivated to provide security for Afghanistan.

“With the level of professionalism and dedication to achieving the operation, the soldiers of the 2nd ANCOP are closer to being able to conduct independent missions,” Divine said.



Pfc. Samuel Corsolini, gunner, Co. F, 2nd Bn., 25th Avn. Regt., 25th CAB, 25th ID, pulls security with other “Pathfinders,” as a UH-60 Black Hawk helicopter takes off after unloading his team and members of the 2nd ANCOP SWAT during Operation Pranoo Verbena. The purpose of the mission was to disrupt drug trafficking in the Kandahar province, Afghanistan, March 16.



COMBAT LIFESAVERS

DEPLOYED FORCES



Spc. Eric Wise, crew chief, Co. B, 209th ASB, 25th CAB, 25th ID, fills out a medical card for a simulated patient during the CLS course.



Photos by Sgt. Daniel Schroeder | 25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

KANDAHAR AIRFIELD, Afghanistan — Spc. Mary Clarke (right), supply specialist, Headquarters Support Company, 209th Aviation Support Battalion, 25th Combat Avn. Brigade, 25th Infantry Divison, hurdles the wall during the transport of a simulated patient to a secure location during the Combat Lifesaver, or CLS, course, here, March 15.



Sgt. Miguel Ordonez (left), Co. A, 209th ASB, 25th CAB, 25th ID, and Pfc. Ashlee Crimes, Alabama National Guard, apply a field dressing to an open abdominal wound on a simulated patient.



Soldiers from the 25th CAB, 25th ID, and Alabama National Guard, load a simulated patient onto na HH-60 Medical Evacuation Black Hawk helicopter.

News Briefs

Send announcements for Soldiers and civilian employees to community @hawaiiarmyweekly.com.

Today

**Education Survey** — Deadline is March 30 to complete a Hawaii State Department of Education survey that will help schools set priorities for improving programs and services. Parents whose children are enrolled in grades

4, 5, 7, 8, 9 and 11 are being asked to complete the survey. Individual survey responses are confidential. Email questions to sqs@notes.k12.hi.us or call 733-4008.

**Great Minds Service Awards** — Deadline is March 30 to submit nominations for Hispanics in Science, Technology, Engineering and Math, or STEM. Visit [www.greatmindsinstem.org](http://www.greatmindsinstem.org) for nomination package requirements. Send Department of the Army Form 1256, “Incentive Award Nomination and Approval” with

nomination data to the attention of Kenrock K.S. Higa. For more information call 655-9372.

Ongoing

**Military Science Professor Application** — The U.S. Army Cadet Command Professor of Military Science Centralized Selection board will convene at Human Resources Command, Aug. 14-15. Active duty and active Guard-Reserve lieutenant colonels and majors interested in becoming professors of military science must at least

have their masters degree by May 31 to be considered for positions in the August board. Officers meeting the qualifications must provide their branch assignment officers a preference sheet by June 1 to begin the Professor of Military Science Board process. Email questions to [PMSBoard@usacc.army.mil](mailto:PMSBoard@usacc.army.mil). **Ohana Clinic** — Tripler Army Medical Center’s Warrior Ohana Medical Home is accepting enrollment. The center is a full-service, primary care clinic and is open 8 a.m.-4:30 p.m., Monday-Friday, at 91-1010 Shangrila St., Ste. 100, in Kalaeloa. Call 433-5401/5402.

# IAC: Customer feedback is crucial

CONTINUED FROM A-3

facilities, including teen centers, the Army Substance Abuse Program, education centers, Army Community Service and other installation services, are being modified to better accommodate Soldiers and community patrons, explained Michael Amarosa, director, DFMWR.

On an even larger scale, the garrison must determine which services it will need to cut or reduce in response to funding realities and personnel drawdowns.

Remaining issues addressed at this quarter’s IAC included air conditioning at the Fort Shafter Bowling Center, maintenance of Hamilton Field on Schofield Barracks, and school bus shelters and carports in IPC.

Also, the Exchange announced it is working with DPW to correct safety issues at the entrance of the Schofield post exchange during heavy rains, and said it has extended Sunday operating hours at Clothing and Sales, Schofield Barracks, to accommodate customers.

“Customer feedback is important,” said Rosey Stone, customer relations specialist with USAG-HI’s Plans, Analysis, and Integration Office, who manages the IAC and ICE programs. “We seek to provide customer-driven services and resources tailored to the needs of our customers.

“When customers use these resources, we take their comments to heart and make needed changes for the betterment of our community.”

## Customer Feedback

The Army community can communicate with the garrison in many venues, including the following:

- Through the ICE System, at <http://ice.disa.mil>.
- Via email at [AskTheCommander.usaghi@us.army.mil](mailto:AskTheCommander.usaghi@us.army.mil).
- By submitting an Army Family Action Plan or Installation Action Council issue form at [www.garrison.hawaii.army.mil/cmt/default.htm](http://www.garrison.hawaii.army.mil/cmt/default.htm).
- During monthly PX/Commissary Advisory meetings.
- During quarterly Face-book town halls.

The next IAC meeting is 10-11:30 a.m., June 1, at the Post Conference Room, Schofield Barracks.

# COE: Pavilions to honor lives lost

CONTINUED FROM A-1

“With the addition of these pavilions, we will appropriately honor the service and sacrifice of those that fought in Vietnam and, in particular, those commemorated in the memorial’s courts of the missing,” said Mike Conley, spokesman, ABMC. During construction, public access to portions of the memorial may be limited. However, access to the Memorial Chapel, columbarium and all gravesites won’t be affected.

Committal services, interments and burials conducted by the Department of Veterans Affairs, National Cemetery Administration, will continue without interruption.

Galleries containing mosaic maps and descriptions of the achievements of American armed forces in the Central and South Pacific regions in World War II

## National Memorial Cemetery of the Pacific at Punchbowl

Call 532-3720 for information about access to the cemetery.

and in Korea flank the memorial chapel. The project is expected to be completed by November 2012.



## Courts of the Missing

- 18,096 from the Pacific (excluding southwest Pacific)
- 8,200 from the Korean war
- 2,504 from the Vietnam war

*(Numbers represent missing Americans.)*



# Families invited to celebrate Earth Month, Fun Fest

## ISLAND PALM COMMUNITIES News Release

SCHOFIELD BARRACKS — Building on the annual Earth Day Festival that has grown to attract nearly a thousand Soldiers and family members at Schofield Barracks, U.S. Army Garrison-Hawaii and Island Palm Communities are now taking Earth Day to the next level with the garrison’s first-ever Earth Month celebration.

Families can look forward to an exciting variety of activities and programs throughout April that will promote green, healthy living and showcase sustainability initiatives taking place inside and outside the gate.

“It’s clear our families have a great interest in green initiatives and have a desire to be part of the effort to preserve the environment,” said Mark Frey, project director, Island Palm Communities. “Watching families interact at past events and seeing the effort parents make to help instill good habits in their children have helped us identify meaningful programs.

“We’re excited about ex-

panding our Earth Month programs and making them accessible to families living in both the Schofield and Fort Shafter areas,” Frey added.

Earth Month festivities kick-off at the Fun Fest and Earth Day Festival, April 7, at Weyand Field, Schofield Barracks. The monthlong celebration will culminate with another Earth Day Festival April 28 at Fort Shafter Flats.

Nearly a dozen exhibitors will be in attendance with educational activities and games. Attendees can learn about Hawaii’s coral reefs and the state’s iconic humpback whales, and can bring along an old tank top to make a cool tank top tote.

Also taking place at both events is the annual Trash-formation Recycled Art Contest. This year’s theme is “Reduce, Reuse, Recycle,” and awards will be presented to four different age categories. Entries must be brought to the Recycled Art tent by 10 a.m. during the festival days, and winners will be announced at noon.

Event highlights include the following:

### I Got the Power!

The first-ever “I Got the Power” live game show will take place, 3 p.m., April 18 at Aliamanu Community Center. The first 40 residents who sign-up on the day of the event will compete in a physical challenge elimination round, the first step toward winning \$100.

Residents making it to the second and final rounds will be tested on how much they know about energy conservation and USAG-HI’s resident utility program. The entire family is invited to join the fun and cheer on their favorite contestant.

### Planet Earth Movie Night

Don’t miss a free showing of “Planet Earth,” a movie showcasing the awe and wonder of the natural world. Before the main event, kids can help “build” a forest with DPW’s Natural Resources presentation “Who is Caring for Our Hawaiian forests?” The movie and program will be offered, 3 p.m., April 4 and 18 at the Kalakaua Community Center and April 11 and 25 at Aliamanu Community Center.



Aiko Brum | U.S. Army Garrison-Hawaii Public Affairs

Naryssa Kerr (right), 10, gives apt attention to Mike Poteet, with the Hawaii Agriculture Research Center, or HARC, during the April 19, 2011, Earth Day Festival at the Kalakaua Community Center. HARC helped students, teachers, farmers and other businesses learn more about environmentally friendly ways to live and work.



Stefanie Gardin | U.S. Army Garrison-Hawaii Public Affairs

Alvin Char (left) and Ann Wharton pull weeds during an Earth Day 2007 activity at Kahanahāiki, Makua Military Reservation. This year the Oahu Army Natural Resources Program will again offer a weed cleanup volunteer service trip.



Mark Brown | Army Hawaii Family Housing

From left to right, Evan, Alex and Joshua Owens learn about the power of the sun at an exhibit that featured an array of solar-powered toys such as boats and mechanical dogs at the 2011 Earth Day at Schofield Barracks.



Aiko Brum | U.S. Army Garrison-Hawaii Public Affairs

Michael Gruver, 7, cleans a dirty car on the ground at last year’s Earth Day Festival, as Rhonda Suzuki asks him questions. Michael explained, “You should wash your car on the grass because, if not, all this dirt goes down the storm drain, and it might kill the animals.”

### Fun Fest and Earth Day 2012 is April 7

Celebrate Earth Day with exhibits, activities and live entertainment, plus enjoy the annual Funfest with games, rides and inflatables from 8:30 a.m.-2 p.m., April 7, at Weyand Field, Schofield Barracks. Activities follow:

- 8:30-9:30 a.m., Enchanted Breakfast; purchase tickets at the Leisure Travel Office, Schofield Barracks, or call 655-9971.
- 9 a.m.-2 p.m., Fun Fest; features games, rides, inflatables and entertainment by School of Knowledge, Inspiration, Exploration, and Skills Unlimited, or SKIES, and Travel Fair.
- 9 a.m.-2 p.m., Earth Day 2012; features exhibits from the Hawaii Department of Land and Natural Resources, Hawaii Coral Reef Initiative, Blue Planet Foundation, Solar City, Tetra Tech, Aqua Engineering and the Hawaiian Islands Humpback Whale National Marine Sanctuary.
- 10 a.m.-1 p.m., Fun Fest photos with the Easter Bunny.



## Earth Month happenings

•April 4, 10:30 a.m.-1:30 p.m., Building 494, Schofield Barracks; Cultural Resources Open House. Visit the restored 1924 Schofield Barracks Fire Station, home to the Army Cultural Resources Program. Meet the archaeologists and hear about the Army’s cultural preservation efforts. Also, rarely-seen artifacts will be on display. Call 655-9734.

•April 4, 18, 3-4:30 p.m., Disney’s “Planet Earth”, Kalakaua Community Center, 2535 Waianae Uka Ave., Schofield Barracks; and April 11, 25; 3-4:30 p.m., Aliamanu Community Center, 182 Kauhini Rd. Participate in the interactive “Who is caring for our Hawaiian Forests?” prior to the movie. Call 687-8313.

•April 5, 12, 19, 26, 8-11 a.m., Schofield Barracks, Wheeler Army Airfield, Fort Shafter; Greening Your Workspace. Environmental teams will visit offices and motor pools to help make the workspaces “greener,” including setting up recycling containers, adjusting printer settings, recommending sustainable products and finding ways to conserve energy. Call to schedule at 656-3085/3094.

•April 7, 8:30 a.m.-2 p.m., Sills and Weyand fields, Schofield Barracks; Fun Fest and Earth Day Festival. Learn about environmental sustainability through interactive exhibits. Also, enjoy an enchanted character breakfast, live entertainment, travel fair, food, rides, games and Easter activities as part of Fun Fest. Call 656-3103 or 687-8313.

•April 7, 9-10 a.m., Weyand Field, Schofield Barracks; and April 28, 9-10 a.m., Fort Shafter Flats. Trash-Formation Art contest with entries submitted at the Earth Day Festivals. Find entry forms at Island Palm Communities’ centers, Sgt. Yano and Fort Shafter libraries, and online at www.Island-PalmCommunities.com.

Art pieces must convey the message, “Reduce, Reuse, Recycle” and be assembled from repurposed materials. Call 687-8313 or Sgt. Yano Library 655-8001.

•April 11, 10-11 a.m., Palm Circle gazebo, Fort Shafter; Historic Tour of Palm Circle. Take a walking tour of this historic landmark with an architect who specializes in historic architecture. Call 655-9734 or 656-6790.

•April 18, 3-4 p.m., Aliamanu Com-

munity Center. I Got the Power Game Show, sponsored by Island Palm Communities. The first 40 residents who sign-up for this live game show on the day of the event will compete in a physical challenge elimination round, then test their knowledge of energy conservation and U.S. Army utility program. All contestants will receive a complimentary “mahalo” gift; the winner will receive \$100. Call 687-8313.

•April 18 and 25, 10:30-11 a.m., Schofield Barracks. Tour Hale Kula Elementary School. Learn about the school’s Sustainable Outdoor Classroom through student-led tours of the working garden, rainwater harvesting system and native plant gardens. Call 656-3086.

•April 20, various times/locations; the Amazing Tree Race. Celebration

of the national observance of Arbor Day tree-planting will take place on four installations; 10 a.m. Fort Shafter; noon, Aliamanu; 2 p.m., Helemano; and 4 p.m., Wheeler Army Airfield. Tree-planting ceremonies are the first step in attaining Tree City USA recognition for each installation. Call 687-8313.

•April 22, 8 a.m.-5 p.m., Kahana-haiki, Makua Military Reservation. Volunteer service trip to clean out invasive weeds for two hours along a moderately challenging trail.

Hike will include a detour to view Makua Valley and leeward coast. Volunteer application must be received at Oahu Army Natural Resource Program at least two weeks prior to the event. Minimum age 14. Call 656-7741.





**MWR Briefs**  
Serving America's Army in Hawaii

**Today**  
**Hawaiian Luau Buffet** — Every last Friday of the month, enjoy the Hawaiian luau lunch buffet at Fort Shafter's Hale Ikena or Schofield Barracks' Kolekole Bar and Grill. Cost is \$10.95 per person. Call the Hale Ikena at 438-1974 or Kolekole Bar and Grill at 655-0660.

**Friday Night Entertainment Series** — See new acts at 8 p.m. each Friday at Kolekole Bar and Grill at Schofield Barracks. Call 655-4466.

**1 / Sunday**  
**Month of the Military Child** — Starting in April, patrons 18 years of age and younger can show their military ID at Schofield Barracks and WAAF bowling centers when buying games to win one hour of free bowling on one lane for the winner and up to six friends. Offer includes shoe rental. The winner will be notified at the end of April, and is limited to one entry per visit. Call 655-0573.

**Snorkeling Lessons** — Snorkel with Outdoor Recreation, 7:30 a.m.-noon, April 1. Cost is \$54. Register at 655-0143.

**Auto Skills Shop** — Starting April 1, new hours will be in effect for the Auto Skills shops:  
•Schofield Barracks, 11:30 a.m. to 7 p.m., Wednesday-Friday; Saturday-Sunday, 9 a.m.-4 p.m.; call 655-9368.  
•Fort Shafter, Wednesday-Sunday, 9:30 a.m.-5 p.m.; call 438-9402. Both facilities will be closed Mondays, Tuesdays and holidays.

**2 / Monday**  
**Free Hula Classes** — The Native Hawaiian Liaison Office, USAG-HI, conducts free hula classes for Soldiers and families. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Call 655-9694 or email nhliaison@gmail.com. Class dates follow:  
•Mondays, Kalakaua Community Center, Schofield Barracks.  
•Tuesdays, AMR Community Center.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

**Today**  
**Auto Show** — This annual event at the Hawaii Convention Center, 1801 Kalakaua Ave., features everything from hybrids and the hottest new coupes and crossovers, to full-size trucks and test drives. Admission is \$8 for adults (18 and older); \$6 for senior citizens, 62 and older; and \$6 for military with ID; and free for attendees 17 and younger. Active duty military can get in free, March 31, with an active military ID.  
Dates and times follow:  
•March 30, noon-10 p.m.  
•March 31, 10 a.m.-10 p.m.  
•April 1, 10 a.m.-p.m.

**31 / Saturday**  
**Hawaiian Scottish Festival** — The Hawaiian Scottish Association, or HAS, is hosting this annual festival starting at 9 a.m., each day, March 31-April 1, at Kapiolani Park, Honolulu.  
This free family event includes entertainment, games, a dancing competition, keiki activities, Scottish food and wares. HSA will have tables in the clan tent for the Scottish American Military Society and the Military Order of the Purple Heart.

Calendar abbreviations	
8th TSC:	8th Theater Sustainment Command
25th ID:	25th Infantry Division
ACS:	Army Community Service
AFAP:	Army Family Action Plan

# Tripler, USAG-HI communities join forces

Story and Photo by  
**STEPHANIE RUSH**  
Pacific Regional Medical Command  
Public Affairs

SCHOFIELD BARRACKS — Thirty-three of the youngest members of the military ohana on Oahu are riding a little bit more safely after their parents had their car seats checked out, here, March 17.

The car seat safety check was sponsored by Tripler Army Medical Center's Pediatrics Department, Schofield Barracks' Military Police, Directorate of Emergency Services, U.S. Army Garrison-Hawaii; and the Keiki Injury Prevention Coalition, or KIPC, a statewide community-based organization committed to preventing and reducing injuries to children in Hawaii.

Aimed at expectant parents and parents with young infants, toddlers, preschoolers or school-age children, anyone attending left not only with their car seat inspected and properly installed, but also with resources and tips for keeping children safe as passengers in motor vehicles. Volunteers, ranging from police officers to health care professionals to parents who wanted to help educate others on car safety, were on hand to answer questions and help parents understand their particular car seat and how it best works within their car.

"We just bought a new car seat because our son, Aspen, is getting too big for his current one," explained new

## Selecting car seats

Parents should follow National Highway Traffic Safety Administration advice when selecting child safety seats.

- Select a car seat based on your child's age and size, and choose a seat that fits in your vehicle and use it every time.
- Always refer to your specific car seat manufacturer's instructions; read the vehicle owner's manual on how to install the car seat using the seat belt or the Lower Anchors and Tethers for Children, or LATCH, system. Also, check height and weight limits.
- To maximize safety, keep your child in the car seat for as long as possible, as long as the child fits within the manufacturer's height and weight requirements.
- Keep your child in the back seat at least through age 12. (Note: Car seat recommendations for children are courtesy of the NHTSA.)



Joanne Niwa (left), Queens Medical Center, and Spc. Moises Guitang, practical nurse, Mother Baby Unit, Tripler Army Medical Center, look up possible recall information and specific installation instructions for the Farr family's new car seat at a car seat safety check, at Schofield Barracks, March 17.

mother Kendi Farr. "We didn't want to install it incorrectly."

Kendi and her husband, Petty Officer 2nd Class Eric Farr, Naval Information Operations Command-Hawaii, knew just who to turn to for assistance with installing Aspen's new car seat.

Eight months ago, shortly before Aspen was born, Cindy Sanekane, pediatric physical therapist at TAMC's Developmental Pediatrics department, showed the Farris how to install their first car seat.

Sanekane has been a licensed child passenger safety technician for 11 years and is the primary point of contact for the car seat fitting station at Tripler, through the Department of Pediatrics. According to the National Center for Statistics and Analysis, research has found child safety seats reduce fatal injuries by 71 percent for infants (younger than 1 year of age) and by 54 percent for toddlers (1-4 years of age) in passenger cars involved in accidents.

However, if the car seat isn't installed correctly or parents don't know how to use them properly, it can all be for naught.

"I thought, 'I'm not an expert,'" Kendi said. "I'd rather have trained people showing us how to use the car seat."

According to Sanekane, approximately 72.6 percent of car seats are not installed properly or misused, which can potentially lead to critical injuries in the event of a motor vehicle crash.

"Community education is the primary purpose of the car seat check events," Sanekane explained. "We want to educate families on how to safely transport their children."

The first mandatory child restraint use law was implemented in Tennessee in 1978. Since 1985, all 50 States and the District of Columbia have had child restraint use laws in effect.

"Military police and gate guards fre-

quently observe child seat safety issues while at the gate and while patrolling," said Patrick Rodrigues, community relations officer, Provost Marshal Office, DES. "The most common issues are children not fastened in properly, children out of their car seats or children secured in the car seat positioned in the front of the vehicle when there is a seat available in the rear."

DES participates in outreach events for the safety of the general public and to reduce, hopefully, the number of injuries sustained during car accidents.

Holding community events around the island makes it easier for parents to get their car seat checked out in a location that's more convenient for them. DES hopes to schedule a similar car seat safety check at Fort Shafter for the convenience of families living in the south region.

"Community events occur throughout the year, sponsored by KIPC and the various other hospitals and organizations that are also car seat fitting stations," Sanekane said. "These community events occur all over Oahu from Waianae to Honolulu to Kailua-Kaneohe. Families can access the schedule through the KIPC website.

"If families cannot access appointments at TAMC in a timely manner, they can call any of the other car seat fitting stations on the KIPC website (<http://kipchawaii.org/the-coalition/car-seat-safety/inspection-stations/>) to schedule appointments through those facilities," she added.

## Child safety seats

View more photos from the car seat check at [www.flickr.com/TriplerAMC](http://www.flickr.com/TriplerAMC).  
•Visit [www.nhtsa.gov/Safety/CPS](http://www.nhtsa.gov/Safety/CPS)  
•[www.facebook.com/childpassengersafety](http://www.facebook.com/childpassengersafety)

**April**  
**7 / Saturday**  
**Ford Island Bridge Run** — This annual 10K run around historic Ford Island starts at 7 a.m., April 7, at the entrance to Clarey Bridge, Joint Base Pearl Harbor-Hickam. Entry fee is \$30 and will be accepted until April 6. Call 473-2437.

**13 / Friday**  
**Hui O Na Wahine Luncheon** — RSVP by April 13 for this all-ranks army spouses club educational luncheon, happening 10:30 a.m.-1 p.m., April 19, at the Nehe-lani Club, Schofield Barracks. A speaker from the USAG-HI Native Hawaiian Liaison Office will discuss the land and culture of Hawaii. Also, lei making will be taught. The event costs \$15 and includes lunch.  
Hui O Na Wahine members with last names beginning with A-L should email [huiereservationsal@gmail.com](mailto:huiereservationsal@gmail.com); members with last names M-Z email should email [huiereservationsmz@gmail.com](mailto:huiereservationsmz@gmail.com). Spouses must be 2011-2012 members of the Hui to attend the luncheon. For membership information, email [huionawahine@gmail.com](mailto:huionawahine@gmail.com) or visit [www.schofieldspouses.com](http://www.schofieldspouses.com).

## Ongoing

**MWR Survey** — The Army is currently surveying random members of its communities at 75 garrisons worldwide as part of an effort to improve morale, welfare and

recreation programs. The survey seeks to identify what customers are interested in, whether they are using available services and, if so, how satisfied they are with the programming their garrison has to offer.

**Museum Reopens** — The Tropic Lightning Museum, Schofield Barracks, has reopened, following completion of a renovation project. Normal operating hours are 10 a.m.-4 p.m., daily, Tuesday-Saturday. The museum is located at Building 361, on the corner of Waianae Avenue and Flagler Road. Call 655-0438.

**Hui Thrift Shop** — The Hui Thrift Shop at Schofield Barracks offers great bargains and a chance to volunteer. Located at 2107 Ulrich Way, behind Army Community Service, the shop is open 9 a.m.-1 p.m., Tuesdays and Thursdays, and the first and third Saturday of the month. Consignment hours are 9-11 a.m. Call 624-3254 or email [huithriftshopliaison@gmail.com](mailto:huithriftshopliaison@gmail.com). Visit [www.schofieldspousesclub.com](http://www.schofieldspousesclub.com) or search for "hui-thrift-shop" on Facebook.

**Homeschoolers** — Military families in Hawaii who homeschool can join the Oahu Military Homeschoolers Connection. Visit <https://sites.google.com/site/omh-chomeschoolgroup> or groups.yahoo.com/group/OahuMilitary-HomeschoolersConnection.

**Food for Families** — The Armed Services YMCA at WAAF has an emergency food locker that assists military families who are experiencing financial difficulty. Available are supplies of canned goods,

frozen food, dry goods and personal care items. Call 624-5645.

**Parent Participation Preschool** — This program is for children ages 3-4, and it helps preschool children make a smooth transition into the structure of kindergarten. Preschool days are 12-2 p.m., Tuesdays and Thursdays, Wheeler ASYMCA, WAAF. Cost is \$40 per month. Call 624-5645 to register.

**Veterinary Treatment Facility** — The Schofield Barracks Veterinary Treatment Facility sees patients five days a week, with extended hours every third Wednesday of the month until 7 p.m. Book an appointment for the new Wellness Package for affordable preventative care or to obtain a mandatory airline health certificate within 10 days of travel out of Oahu. Call 655-5893 or 655-5889.

**RAP Meeting** — Get involved in your community by attending your community's Resident Advisory Panel. IPC residents can develop and strengthen their relationships with property management and fellow residents through the RAP. Contact your community manager for details and volunteer opportunities. Visit [www.IslandPalmCommunities.com](http://www.IslandPalmCommunities.com).

**Making the Grade** — Students can cash in on the Exchange's "You Made the Grade" program, which recognizes above-average academic achievement. Qualifying students will receive a coupon booklet that includes free admission to an Exchange Reel Time Theater, as well as other coupons. Students must present a valid military ID and proof of an overall "B" or better average to their local Exchange.

## worship Services

Additional religious services, children's programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

- AMR: Aliamanu Chapel  
FD: Fort DeRussy Chapel  
HMR: Helemano Chapel  
MPC: Main Post Chapel, Schofield Barracks  
PH: Aloha Jewish Chapel, Pearl Harbor  
SC: Soldiers' Chapel, Schofield Barracks  
TAMC: Tripler Army Medical Center Chapel  
WAAF: Wheeler Army Airfield Chapel

## Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

## Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
  - 8:30 a.m. at AMR
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m. TAMC

## Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

## Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

## Jewish Shabbat (Sabbath)

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

## Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex

## Protestant Worship

- Sunday Services
  - 9 a.m. at FD, MPC and TAMC chapels
  - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
  - 10 a.m. at HMR
  - 10:30 a.m. at AMR

**Single Soldiers' Bible Study**  
•Wednesday, 11:30 a.m. at SC; lunch is provided.

## Worship Service

- Sunday, 6 p.m. at SC.

## This Week at the MOVIES

Call 624-2585 for movie listings or go to [aaefes.com](http://aaefes.com) under reeltime movie listing.



## Ghost Rider: Spirit of Vengeance

(PG-13)  
Fri., March 30, 7 p.m.  
Thurs., April 5, 7 p.m.

## Furry Vengeance

(PG)  
Sat., March 31, 4 p.m.

## This Means War

(PG-13)  
Sat. March 31, 7 p.m.

## Rio

(PG)  
Sun., April 1, 2 p.m.

## Tyler Perry's Good Deeds

(PG-13)  
Wed., April 4, 7 p.m.

No shows on Mondays or Tuesdays.

AFTB:	Army Family Team Building
AMR:	Aliamanu Military Reservation
BCT:	Brigade Combat Team
BSB:	Brigade Support Battalion
Co.:	Company
CYSS:	Child, Youth and School Services

EFMP:	Exceptional Family Member Program
FMWR:	Family and Morale, Welfare and Recreation
FRG:	family readiness group
HMR:	Helemano Military Reservation

IPC:	Island Palm Communities
SKIES:	Schools of Knowledge, Inspiration, Exploration and Skills
TAMC:	Tripler Army Medical Center
USAG-HI:	U.S. Army Garrison-Hawaii
WAAF:	Wheeler Army Airfield



# ‘Blended learning’ offers a new model for 21st century education

**BY JAN IWASE**  
Hale Kula Elementary School

SCHOFIELD BARRACKS — When Department of Defense Education Activity, or Do-DEA, grants were announced in the fall of 2011 the staff at Hale Kula Elementary and Wheeler Middle schools were excited to learn that they are receiving a \$482,000 three-year grant to implement a new model for education called “blended learning.”

Blended learning, also called hybrid learning, combines face-to-face instruction with a classroom teacher and virtual learning with the teacher via technology.

Hale Kula will begin its blended learning program in school year 2012-2013 with a class of fourth graders and a class of fifth graders. Wheeler Middle School will begin the following year. Hale Kula’s blended learning teachers, Rebecca Linford and Rachel Armstrong, are creating their curriculum based on the Common Core State Standards, which have been adopted by 45 states

and the District of Columbia. The virtual lessons they create will be posted on an online portal.

“This is hard work, but it’s exciting work, Linford said. “We have an opportunity to really change the way we teach and learn.”

This pilot project is the result of discussions, which have focused on how to integrate 21st century skills into teaching and learning to positively impact student achievement and to provide opportunities to differentiate and individualize instruction for students based on their strengths and needs.

“Being able to communicate with students and have discussions with them, online as well as in the classroom, enables students to effectively communicate their ideas and thoughts through writing, as well as speaking,” Armstrong said.

“It gives a voice to all students, not just the

ones who speak up in class,” Armstrong said.

“Hale Kula integrates technology into the classroom and into the hands of students,” said Michelle Colte, school librarian and a member of the school’s Blended Learning Team. “We use many Web 2.0 tools that allow students to synthesize, create and share information.”

Recently, a group of fifth graders participated in online lessons created by Megan Cummings, media resource teacher.

Students loved using edmodo, a social network for students and educators. They discussed media awareness, viewed videos, blogged about what they learned, researched the difference between an advertisement and a public service announcement, and created a PSA on an important current issue.

Student Gary Pocrnich said making a video was the best part of the media aware-

ness class.

“I would like using a computer in class to get information because it’s fun surfing the Web,” said Pocrnich.

Hale Kula plans to accept 20 fourth-grade and 20 fifth-grade students to their blended learning program next school year.

*(Editor’s Note: Writer Jan Iwase is the principal at Hale Kula Elementary School.)*

**Blended Learning**

- A meeting for parents about blended learning will be held 6 p.m, April 5, at Hale Kula. Geographic exceptions to attend the program will be considered, if space is available.
- Learn more about blended learning at [www.halekula.k12.hi.us](http://www.halekula.k12.hi.us).
- Email questions to [jan\\_iwase@notes.k12.hi.us](mailto:jan_iwase@notes.k12.hi.us).



## Holy Week, Easter Services announced

The U.S. Army Hawaii community is invited to attend various Easter celebrations now through April 8. The U.S. Army Garrison-Hawaii Religious Support Office offers services in north and south Oahu areas.

**April 5**

Noon, MPC, Living Stations of the Cross

6 p.m., SC, Maundy Thursday (Liturgical Service)

7 p.m., FD, Maundy Thursday (Protestant)

7 p.m., WAAF, Holy Thursday (Catholic)

**April 6**

6 p.m., MPC, The 7 Last Sayings of Christ (Gospel Service)

7 p.m., AMR, Good Friday Service (Catholic)

7 p.m., FD, Good Friday Service (Protestant)

**April 7**

5 p.m., WAAF, Mass (Canceled)

7 p.m., MPC, Easter Vigil

**April 8**

5:45 a.m., Fort Hase Beach, MCBH Easter Sunrise Service, 257-1511

6 a.m., National Memorial Cemetery of the Pacific, Easter Sunrise Service with Royal Hawaiian Band and Central Union Church Youth Choir.

Gates open at 4 a.m.; call 262-2797.

6 a.m., Bellows Air Force Station, Easter Sunrise Service, continental breakfast to follow

6:30 a.m., Battleship Missouri Memorial, Joint Services Easter Sunrise Service

6:30 a.m., MPC, Easter Sunrise Service

10:30 a.m., MPC, Easter Mass

*Legend*

*AMR: Aliamanu Military Reservation*

*FD: Fort DeRussy Chapel*

*MCBH: Marine Corps Base Hawaii, Kaneohe Bay*

*MPC: Main Post Chapel, Schofield Barracks*

*SC: Soldiers Chapel, Schofield Barracks*

*WAAF: Wheeler Army Airfield Chapel*

## Passover Services

All regularly scheduled services will be conducted at their normal time.

**April 6**

5 p.m., Hale Koa Hotel, Seder meal. Cost is free for military and family members, E-1 thru E-5; \$35 per person for active duty E-6 and above and family members; \$65 for civilians.

Parking is \$3 validated, at the parking garage across the street. Contact Brian Field, 348-4560, [BombGuy@hotmail.com](mailto:BombGuy@hotmail.com).

**April 7**

7 p.m., Ala Moana Hotel. Passover observance. Cost is \$60 per person; \$45 for keiki, if paid by March 31; \$75 per person, \$55 children after March 31.

Free parking in the Ala Moana mall parking lot. Call Paul Krasnjansky, 735-8161.



# TriWest suggests thank you to PCMs

## Doctors’ Day is March 30

**TRIWEST HEALTHCARE ALLIANCE**  
News Release

PHOENIX — With Doctors’ Day arriving March 30, TriWest Healthcare Alliance wants to encourage all military families to join in by sending one important message to their Tricare primary care provider, or PCMs: thank you.

Thank you for joining TriWest’s mission to serve our nation’s military families by joining the Tricare network.

Thank you for being the reason service members can complete their jobs across the country and around the world.



Thank you for giving them the peace of mind that their spouses and children are cared for back home.

Tricare providers join for one main reason.

They’re on a mission to serve those who serve our country. They work with military spouses, children of deployed parents and even service members themselves.

“I’ve always wanted to be in the military; I’ve always wanted to serve,” said Dr. Mark Lenthe of the Tanner Clinic in Utah. “And what better way than to be a physician that can help treat and serve those that are serving our country?”

The rewards of service to Tricare patients are exponential.

“I don’t think there’s any better service that I can provide, at this point in my life, than to assure the warfighters and their families that we’re going to be here, no matter where the warfighters have to be deployed,” said Dr. Paul Echols, a surgeon at the University of New Mexico Hospital.

### Thanking your doctor on Facebook

Military families can give their special doctors a public shout-out through TriWest’s Facebook page.

- Visit [www.facebook.com/TriWest](http://www.facebook.com/TriWest), select the “LUV UR DOC” tab on the left-hand column, and leave your public shout-out.
- Visit [www.TriWest.com/DocsDay](http://www.TriWest.com/DocsDay) to watch stories of other Tricare doctors.

# Screenings a key in the fight with colon cancer

## March closes out Colon Cancer Awareness Month

**SHARI LOPATIN**  
TriWest Healthcare Alliance

PHOENIX — When colon cancer is found early and treated, nine out of 10 people will hit that five-year survival rate, according to the Centers for Disease Control and Prevention.

In fact, more than half of all deaths from colon cancer could be prevented if everyone older than 50 was screened regularly. However, as of 2008, only 63 percent of adults ages 50-75 had been screened.

The colon is the body’s large intestine. Sometimes, precancerous growths — or polyps, as they’re often called — can develop inside the colon. These polyps have been known to form up to 10 years before invasive cancer develops, according to the CDC.

Colon cancer screenings can detect these polyps before they become life-threatening, allowing doctors to surgically remove them.

Some of the most common colon cancer screening tests follow:

- Colonoscopy. Doctors use a thin,

- long, lighted tube to check inside the colon for polyps. Doctors can actually remove polyps during this test. The test is recommended only once every 10 years.
- Stool test. Doctors will provide their patients with a test kit. At home, the patient uses a stick or brush to obtain a small amount of the stool. The doctor or lab can then check the stool for anything unusual.
- Flexible sigmoidoscopy. Doctors will use a short, thin, lighted tube to check for polyps inside the colon and rectum. This procedure only needs to be done once every five years.

Tricare covers colon cancer screenings at no cost to you. Tricare will cover one colonoscopy every 10 years, in conjunction with CDC guidelines.

Talk with your doctor to see what other screenings are right for you because Tricare covers a variety of screening tests for colon cancer, depending on your doctor’s recommendations.

### Resource

To learn what you can do to help prevent colon cancer, visit

- [www.TriWest.com/colon](http://www.TriWest.com/colon).

## FINAL RUN



**Sgt. First Class David Wheeler** | 8th Theater Sustainment Command Public Affairs

Maj. Gen. Michael J. Terry, commanding general, 8th Theater Sustainment Command, leads NCOs of the 8th TSC on a run, March 23, at Schofield Barracks. This NCO run is Terry’s last before his change of command, this summer.



# Are you a warrior? Warrior Dash gives muddy reply

**SGT. GAELLEN LOWERS**  
8th Theater Sustainment Command  
Public Affairs

WAIALUA — Sore, swollen and tired; bloody, muddy and wired. That phrase sounds like a children’s rhyme, but there was nothing childish about this race.

More than 10,000 people participated in the Warrior Dash, a 3.01-mile course littered with hellish obstacles designed to test the limits of a human being’s strength, speed and stamina.

The race begged the question, “Are you a warrior?”

This race was the first time the state of Hawaii has hosted “the Dash,” which was held on Dillingham Ranch, here, March 24, but the runners who participated are sure the event won’t be the last.

“They will definitely bring it back,” said Capt. Kristen Tashma, commander, Headquarters and Headquarters Company, 8th Special Troops Battalion, 8th Theater Sustainment Command. “They had a large turnout, and it seemed like everyone was having a great time.”

Tashma came in 27th in her age bracket and 60th overall for female participants.

“I love racing,” she said. “It allows me to stay fit, and I hope it motivates

other people around the unit to do the same thing. Plus, the Warrior Dash is a different kind of race that makes running more enjoyable.”

Different is an understatement. The race featured 13 treacherous obstacles, including 10- to 15-foot walls that each warrior had to climb, a pond with obstacles to climb over or swim under, an obstructive fire pit that had to be jumped and, at the end, the grand finale, a pit of soupy, slimy mud covered with barbed wire that each person had to swim through to reach the finish line.

“The mud was the best part,” said Spc. Keola Wilhelm, tactical communications specialist, 8th TSC. “I dove into it head first and got a face full of mud.”

Many of those who entered the Dash never actually completed the course.

“On the rope climb, I saw someone struggling to get over,” Wilhelm explained. “He would make it almost to the top and slide back down.”

But regardless of who finished where and in what time, everyone was treated to food, drink and live music.

“It was my first time ever doing something like that,” Wilhelm said. “I might not be on the island by next year, but I will definitely buy a plane ticket, so I can run the Dash again!”



**Spc. Tiffany Dusterhoft** | 8th Theater Sustainment Command Public Affairs

Maj. Jeff Parker, public affairs officer, 8th TSC, celebrates after competing Hawaii’s first Warrior Dash at Dillingham Ranch, Saturday. More than 10,000 participants faced 13 obstacles over the three mile course including the barbed wire mud pit finale.

## Easter Happenings

•March 31, 10:30-11:30 a.m.; The Exchange, Schofield Barracks. Easter egg hunt held in front of the Exchange for ages 0-12. Call 622-1773

•March 31, 9 a.m.-noon, Waikiki Aquarium. SeaHunt “Splashing Easter celebration” for keiki ages 2-7, includes pictures with the Easter bunny, crafts and activities, and presentations about sharks and Hawaiian monk seals throughout the day. SeaHunt begins 9:15 a.m. Cost is \$15; \$5 for members. Call 923-9741.

•March 31, noon-2 p.m., Mililani Shopping Center. “Have a Bunni-ful Day” with keiki crafts, an inflatable



bouncer, pony rides and petting zoo with bunnies and chicks, photos with Easter bunny. Call 753-7507.

•April 7, 10:30 a.m.-1 p.m., Wahiawa Shopping Center and Wahiawa Town Center. Easter Festival of Fun. Free Easter egg hunts every 15 minutes starting at 11 a.m., while supplies last. Free train rides, photos with the Easter bunny for the keiki (bring your camera). Visit [www.wahiawashoppingcenter.com](http://www.wahiawashoppingcenter.com).

•April 7, 10 a.m.-noon; Kapolei Commons. Easter event includes egg hunt at 10:30 a.m. on the lawn with more than 2,000 prize-filled eggs for keiki 1-12 years of age, plus free photos with the Easter bunny, face painting, balloon animals and coloring contest. Visit [www.thekapoleicommons.com](http://www.thekapoleicommons.com).

•April 7, 10 a.m.-noon, Windward Mall. Easter bunny arrival; celebration includes arts and crafts and goodie bags to the first 100 keiki. April 7-8, mall hours, “Bunnyland” display with bunnies, chicks, potbellied pigs and guinea pigs.

•April 7, 4 p.m.; the Hideaway Club, U.S. Coast Guard Air Station Barbers Point. Easter-themed Pacific Roller Derby fundraiser scrimmage. Admission is \$5 with a clothing donation to benefit Big Brothers, Big Sisters. Keiki 12 and under free. Email [pacificrollerderby@gmail.com](mailto:pacificrollerderby@gmail.com)

•April 8, 9 a.m.-2 p.m., Fort Shafter Hale Ikena and Schofield Barracks Nehelani, Easter Brunch. Call Hale

Ikena at 438-1974 and Nehelani at 655-4466 for reservations.

•April 8, 9 a.m., Bellows Air Force Station. Easter egg hunt, following 6 a.m. sunrise service and continental breakfast.

•April 8, 9 a.m.-2 p.m., Honolulu Zoo. Easter Egg Scavenger Hunt; keiki can search for candy-filled eggs throughout the zoo and create crafts in the Hale ‘Imiike learning center. Cost: \$7 (\$5 with advanced registration); zoo admission extra. Call 971-7171 or visit [www.honolulu zoo.org](http://www.honolulu zoo.org).

•April 8, 1-3 p.m., Waikele Premium Outlets. Easter Eggstravaganza, includes live music and pictures with the Easter bunny.